Minimum Standards for Practitioners (Oct 2026)

The minimum standards required for listing are developed by each professional group, in consultation with Sport PEI. Professions that are eligible to list members include those who have a specific sport medicine designation/qualification or those where a majority of their members work with athletes.

While Sport PEI does not endorse the individual practitioners listed, we work with the various professional associations on an ongoing basis to ensure that the individuals listed possess the required qualifications and that they are represented accurately. It is the assumption that licensed practitioners will work within their scope of practice and have the necessary licensure and certification for the services they provide (e.g. Sideline care would require current First Aid/First Responder certification).

Professions that have an official sport medicine designation, or that have a majority of their members working with athletes are eligible to list qualified practitioners. Only those practitioners who meet the minimum qualifications and standards as set out by their respective professional organizations may be listed in the Sport PEI Directory of Practitioners.

Minimum Standards for Practitioners

The following pages are minimum qualifications/standards for practitioners to be listed in the various professional categories:

Athletic Therapy

Athletic Therapists

Athletic Therapists have a university degree, however are not regulated by a licensing body on PEI, and do not come under the Regulated Health Professions Act. To identify themselves as an Athletic Therapist:

- All individuals listed are certified members in good standing with the Canadian Athletic Therapists Association.
- Must provide proof of liability insurance
- Must provide current criminal record check.
- Current First aid CPR, or Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Biomechanics

Biomechanist

This section identifies individuals who have completed graduate studies (M.Sc. and/or Ph.D.) in Human Biomechanics. These individuals are current members and in good standing with the International Society of Biomechanics (ISB), International Society of Biomechanics in Sports (ISBS) or Canadian Society of Biomechanics (CSB) and are actively involved in assisting coaches, sports medicine practitioners and athletes with biomechanical analyses of exercise.

- Must provide proof of liability insurance
- Must provide current criminal record check
- Completion of Safe Sport (Coach.ca)

Sports Chiropractic

To become a chiropractor in Canada, individual must complete a university degree, or master's program and pass a national credential exam. In PEI, legislation requires that Chiropractors must be licensed to practice by the PEI Chiropractic Association and the Regulated Health Professions Act. Further to this licensure, there are Canadian recognised standards for certification in Sports Chiropractic. Practitioners must complete the certification to be referred to as a Sports Chiropractor.

Sport Chiropractor

In addition to being members in good standing with the PEI College of Chiropractors and the PEI Chiropractic Association, all individuals in the Sport Chiropractor category are either fellows of the College of Chiropractic Sport Sciences (Canada) and the Council on Chiropractic Sports Sciences (B.C.) (F.C.C.S.S.(C)).

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Chiropractor

These practitioners are members in good standing with the College of Chiropractors of PEI and the PEI. Chiropractic Association, and are pursuing their certification in sports chiropractic.

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Sport Nutrition

To become a dietitian in Canada, the individual must complete a university degree or masters degree in Nutrition Sciences. They then complete a national board exam. In PEI, legislation requires that Dietitians must be licensed to practice by the PEI College of Dietitians and the Regulated Health Professions Act of PEI.

Sport Dietitian

To use the title "Sports Dietitian", the individual be a member in good standing with the College of Dieticians of PEI, and have further certification:

- A minimum of 5 years experience in sports nutrition
- Certified Specialist in Sport Dietitian (CSSD) destination International Olympic Committee (IOC) Sport Nutrition Diploma https://www.sportsoracle.com/Nutrtion/Home/
- Master's Degree in Science (MSc) in a field/discipline relevant to sport nutrition

- Must provide proof of liability insurance
- Must provide current criminal record check
- Completion of Safe Sport (Coach.ca)

Dietician

These practitioners are registered Dieticians in PEI, and pursuing post graduate education and have an interest in sports nutrition, and are members in good standing with the College of Dieticians of PEI and;

- Must provide proof of liability insurance
- Must provide current criminal record check
- Completion of Safe Sport (Coach.ca)

Intern/Student Dietician

These students are enrolled in the UPEI School of Foods and Nutrition are completing their practicum with the school. They are under the supervision of a registered dietician.

- Completion of Safe Sport (Coach.ca)
- Proof of insurance through UPEI
- Must provide current criminal record check

Exercise Physiology

Exercise Physiologist

These individuals have completed at least a 2-year diploma or 4-year (or more) university degree in the study of exercise physiology or Kinesiology. This profession is not regulated in PEI or regulated by the Regulated Health Professions Act of PEI. Individuals have gone on to complete the Canadian of Exercise Physiology Certification (or equivalent) as follows:

CSEP-Clinical Exercise Physiologist

These individuals have completed a 4-year university degree in exercise physiology or Kinesiology and competed the CSEP-CEP exam process to become certified. They are a member in good standing with CSEP and:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing exercise testing /prescription.
- Completion of Safe Sport (Coach.ca)

CSEP- Certified Personal Trainer

These individuals have completed a two-year diploma program at a recognized college or university in human kinetics or related studies, and completed the CSEP-CPT exam process. They are a member in good standing with CSEP and;

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing exercise testing/prescription.
- Completion of Safe Sport (Coach.ca)

Sport Massage

Registered Massage Therapists (RMT) in PEI have completed a recognized diploma or degree in massage therapy and are licensed to practice by the College of Massage Therapists of PEI and registered under the Regulated Health Professions Act of PEI. In order to refer to themselves as Sport Massage Therapists they must complete the certification from the CSMTA.

Sports Massage Therapist

This individual is licensed as a massage therapist in PEI, and has completed the Canadian Sport Massage Therapy Association Certification Process to use the title Sports Massage Therapist. They must also have:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Massage Therapist

This individual is licensed to practice massage therapy on PEI, and is pursuing their certification with the CSMTA. They also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Sports Optometry

Optometrist

While there is no current recognized Canadian Certification in Sports Vision, Optometrist must be licensed in the province of PEI with the PEI College of Optometrists. Individuals also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Completion of Safe Sport (Coach.ca)

Sport Medicine

Physicians have completed a Doctorate degree in Medicine and are licensed to practice by the College of Physicians of PEI, and the Regulated Health Professions Act of PEI. They must complete the education and exam process in Canada to refer to themselves as Sports Physicians.

Sport Physician

These physicians have completed training and certification by the Canadian Academy of Sports and Exercise Medicine (CASEM) or a Certificate of Added Competence (CAC) in Sport and Exercise Medicine (SEM) from the College of Family Physicians of Canada (CCFP). As well they:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Physician

These physicians are licensed to practice in the province of PEI, and are pursuing their certification in sports medicine and also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Orthopedic Surgeon

These physicians have their specialty in Orthopedics and have an interest in managing sports Injuries. They also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Sport Psychology / Mental Performance Consultant.

These practitioners have completed a masters degree in sports psychology or a related degree and are registered with the Canadian Sports Psychology Association. The profession is not regulated in the province of PEI. They also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Completion of Safe Sport (Coach.ca)

Clinical Counsellor

These practitioners have completed education in Clinical Counselling and are licensed with the College of Counselling Therapy of PEI, the Regulated Health Professions Act. and have an interest in working with athletes. This is a regulated profession in PEI. They also:

- Must provide proof of current liability insurance
- Must provide a current criminal record check

- Completion of Safe Sport (Coach.ca)

Sport Physiotherapy

Physiotherapists complete a University degree (B.Sc. or Masters) from a recognized university program. They then proceed through a series of certifications to become a sports physiotherapist. They are required to have a current licence with the College of Physical Therapists of PEI and are regulated by the Regulated Health Professions Act of PEI. Ion order to refer to themselves as Sports Physiotherapists, the individuals must have completed the Dip0loam in Sports Physiotherapy (or Equivalent) from Sport Physiotherapy Canada.

Specialist in Sports Physiotherapy

These individuals have completed their Diploma in Sports Physiotherapy from Sports Physiotherapy Canada and continued on to complete their Specialist designation from the Canadian Physiotherapy Association and the Physiotherapy Specialty Certification Board of Canada (PSCBC). They are a member in good standing with Sport Physiotherapy Canada and they also;

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Sport Physiotherapist

These individuals have completed their Diploma in Sports Physiotherapy from Sports Physiotherapy Canada (or equivalent) and are in good standing with Sport Physiotherapy Canada. As well as previously completing their Certificate, they have 5 years experience and examined advance knowledge in Strength and Conditioning and exercise physiology, Sport Biomechanics, Acute sideline injury management, advanced injury assessment and diagnosis, nutrition, drug testing in sport, special population injury management in sport, organizing national and international team care, taping and bracing. This certifies the physiotherapist to travel with a Canadian National Team. They also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Completion of Safe Sport (Coach.ca)

Certificate in Sports Physiotherapy

These individuals have completed their Certificate in Sports Physiotherapy from Sports Physiotherapy Canada (or equivalent) and are in good standing with Sport Physiotherapy Canada. The have examined knowledge of acute sideline care and immediate emergency injury management, taping and bracing, equipment and protective gear, functional return to sport from injury, sport massage, sport biomechanics, and the role of a team therapist. They also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Completion of Safe Sport (Coach.ca)

Physiotherapist

These individuals have a current licence in PEI, and are presently pursuing their credentials with and are a member in good standing with Sport Physiotherapy Canada. They may have specific sport experience in a sport, and are gaining experience to pursue their certification. They also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing sideline care.
- Completion of Safe Sport (Coach.ca)

Strength and Conditioning

These individuals have obtained a university degree in Kinesiology or a related field, and are not regulated in the province of PEI.

Strength and Conditioning Specialist

These individuals have a university degree in Kinesiology or a related field and completed their Certified Strength and Conditioning Specialist certification (or equivalent), "Certified Strength and Conditioning Specialists® (CSCS®) are professionals who apply scientific knowledge to train athletes for the primary goal of improving athletic performance. They conduct sport-specific testing sessions, design and implement safe and effective strength training and conditioning programs and provide guidance regarding nutrition and injury prevention".

Individuals must be in good standing with the NSCA to hold this certification by completing annual continuing education credits (CEUs) on strength training and sport science.

They also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing physical testing /training.
- Completion of Safe Sport (Coach.ca)

Kinesiologist

These individuals have a university degree in Kinesiology or a related field, and be and active member of Kinesiology PEI. They are in the process of completing their sports certification (CSCS, CSEP) or equivalent. They also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing physical testing /training.
- Completion of Safe Sport (Coach.ca)

Fitness Trainer

These individuals have some certification in training individuals, and are in the process of acquiring further certification in Sport training. They also:

- Must provide proof of liability insurance
- Must provide current criminal record check
- Expectation of having current First Aid /Sports First Responder if providing physical testing /training.
- Completion of Safe Sport (Coach.ca)