



### "Return to Play" Plan:

PLEASE NOTE: The directives of this plan are subject to change pending any new guidelines set out by the Government of Prince Edward Island or guidance provided by Canada Basketball's Return to Basketball Plan. All changes will be communicated to the BPEI membership as soon as possible.

#### **1 – Resumption of Live play & training:**

Phase 4 of the BPEI Return to Basketball Plan resumes play without modified rules, this is in line with Canada Basketball's Phase 5 guidelines. Training/Live Game sessions can include offensive rebounding, screens, and activities up to and including 5 on 5. Social distancing, hand washing and equipment disinfection remain mandatory anytime within a training/live game session it is possible (during instruction, non-live play situations), during off-court activity and between drills. We are working with the PEIBOA and facilities throughout the province to maintain and adhere to all safety protocols needed. Aspects of this Return to Play plan are subject to modifications based on new information.

#### **2 – Group Size:**

To avoid large groupings and ensure compliance with social distancing criteria on the court (indoors and/or outdoors) all training sessions must follow the parameters set out by the Provincial Government and by the facilities the activity is taking place. Permitted player numbers will be based upon the CPHO's guidelines as well as specific facility rules. Players will be divided into small groups and limits on the number of participants will be strictly enforced. The player/area ratio must be adhered to at all times according to the standards determined by Basketball PEI.

#### **3 – Management of Personal Equipment:**

Personal equipment will be authorized under the following conditions:

- All equipment must be disinfected before entering the facility (indoor) or playing area (outdoor).
- The facility or outdoor playing area has a space dedicated for equipment and it can be separated or organized so participants can maintain social distance.
- Equipment must be limited to: a basketball, a bottle of water (labelled with Player Name), a towel, a disinfectant solution or sanitizer as approved by the Province, medical braces or items that are required for an individual's safe participation (i.e., knee brace or similar item), additional Personal Protective Equipment (PPE) during arrival and departure such as a face mask, gloves, etc. It is encouraged for participants to bring their own disinfectant/hand sanitizer.
- All personal equipment items must be stored in a bag (labelled with the Player Name) when not in use.

Team Training Equipment: Team equipment will be authorized under the following conditions: 1. Basketballs, cones, etc. must be disinfected before and after each training session. 2. Additional sanitizer must be available for coaches, court supervisors and others. 3. Personal Protective Equipment (mask, gloves, etc.) in case someone begins to feel unwell.

#### **4 – Supervisor Roles**

Individuals (parents or volunteers) must be appointed and educated as supervisors to:

1. Ensure that the physical distance of 2 meters/6 feet is respected at all times during training when appropriate and possible;
2. Coordinate access to the facility/playing area in order to meet the requirements for distance;
3. Ask screening questions related to the symptoms of COVID-19;
4. Ensure all participants (athletes and coaches) at higher risk of severe COVID-19 complications (e.g., people over 65 years of age or people with underlying health conditions) stay away from the facility or playing area;
5. Ensure parents remain outside the building (indoor facility) or away from the playing area (outdoors) if maximum numbers permitted have already been reached.

#### **5 – Mandatory procedures and continuous re-evaluation**

To ensure the safety of all participants and stakeholders, strict health protocols must be put in place by all Members for the organization of basketball training sessions. These protocols are developed by BPEI to be consistent with this plan. Each participant must commit to following the requirements for each training session. If the protocols cannot be implemented or are not followed, it will be prohibited for a Member group to conduct training sessions. The priority, at all times, will be the protection of participants and the safety of everyone involved. This plan will require regular review and updating as COVID-19 prevention/protection measures evolve. To be effective, any changes will be communicated to members by e-mail, the BPEI web site and social media as soon as practical so changes can be applied. A designate from each Member group must ensure follow-up with BPEI when changes are made.

**Participants are not permitted to play if you:**

- 1) Have been in contact with someone with COVID-19 in the last 14 days or someone who has taken a COVID-19 test and is awaiting results.**
- 2) Have travelled outside the province in the last 14 days.**
- 3) Are exhibiting any two or more of the symptoms of COVID-19: Fever above 38 degrees Celsius; Runny nose; A new onset of muscle pain; A new cough, or worsening chronic cough; Headache; Diarrhea; Sore throat; A new onset of fatigue loss of sense of taste or smell In children; Purple markings on the fingers and toes.**

#### **PREPARING TO PLAY**

##### **Protect against infections:**

Wash your hands with a disinfectant soap and water (for 20 seconds or longer) or use a hand sanitizer if soap and water are not readily available, before accessing the facility, court or playing area.

Arrive at the facility/playing area in your basketball training clothes.

Clean and wipe down your equipment, including basketball shoes, basketball and water bottles and do not share any of your equipment.

Bring a full water bottle to avoid needing to refill it during the training session (please only fill at designated filling stations where appropriate). The bottle must be labelled with the player's name.

Consider taking extra precautions such as wearing a mask when arriving at the facility/playing area.

If you need to sneeze or cough, do so into a tissue or upper sleeve.

Arrive as close to the designated start time as possible.

Avoid touching unnecessary surfaces. Wipes/hand sanitizer must be available.

### **PLAYER GUIDELINES/RESTRICTIONS – WHEN PLAYING/PRACTICING**

Refrain from making unnecessary physical contact with other participants (e.g. NO SHAKING HANDS, HIGH FIVES OR FIST BUMPS).

Avoid touching your face after handling a ball, or other equipment. Wash your hands promptly if you have touched your eyes, nose, or mouth.

Do not share food, drinks, or towels. Remain apart from other players when taking a break.

Stay in your designated area of the facility/playing area.

Remain apart from other players when taking a break.

### **AFTER PLAYING**

Leave the facility/playing area immediately after training, obeying any required directional flow exiting the area.

Wash your hands thoroughly or use a hand sanitizer after leaving the facility/playing area.

Avoid using the locker room or changing area when possible. Shower at home.

No social activity should take place. No congregating after training.

All Groups/Participants must be aware that contracting, spreading or any complications related to COVID-19 are NOT covered under our insurance policies. All participants are engaging in basketball related activities at their own risk.

Waivers – Please note that Assumption of Risk and Declaration of Compliance Waivers are required.

*The health and safety of our participants and coaches will always be the number one priority of our Organization. We will continue to work collaboratively with our participants and coaches through the current situation and provide as up to date information as possible as the situation evolves. The return of sport will have a major impact on the well-being, both physical and mental, of many Islanders and we know basketball will play an important role in that process. We appreciate your respect and adherence to this plan and look forward to getting our players, coaches, officials, volunteers, and administrators back to basketball as soon as possible.*

*Thank you.*

*Josh Whitty, on behalf of Basketball PEI*